

# Saudi Oncology Society and Saudi Urology Association combined clinical management guidelines for renal cell carcinoma 2017

Abdullah Alsharm, Shouki Bazarbashi<sup>1</sup>, Abdullah Alghamdi<sup>2</sup>, Sultan Alkhateeb<sup>3</sup>, Ali Aljubran<sup>1</sup>, Ashraf Abusamra<sup>4</sup>, Hulayel Alharbi<sup>5</sup>, Mohammed Alotaibi<sup>6</sup>, Mubarak Almansour<sup>7</sup>, Hussein Alkushi<sup>8</sup>, Imran Ahmed<sup>9</sup>, Esam Murshid<sup>10</sup>, Amin Eltijani<sup>11</sup>, Danny Rabah<sup>12</sup>

Department of Medical Oncology, Comprehensive Cancer Center, King Fahad Medical City, <sup>1</sup>Oncology Center, Section of Medical Oncology, King Faisal Specialist Hospital and Research Center, <sup>2</sup>Department of Urology, Prince Sultan Military Medical City, <sup>3</sup>Department of Surgery, Division of Urology, King Abdulaziz Medical City and King Saud bin Abdulaziz University for Health Sciences, <sup>4</sup>Department of Urology, King Faisal Specialist Hospital and Research Center, <sup>10</sup>Department of Oncology, Oncology Center, Prince Sultan Military Medical City, <sup>11</sup>Department of Oncology, Division of Medical Oncology, King Abdulaziz Medical City and King Saud bin Abdulaziz University for Health Sciences, Riyadh, <sup>12</sup>Department of Surgery, College of Medicine and Uro-Oncology Research Chair, King Saud University, Riyadh, <sup>5</sup>Department of Medical Oncology, King Fahed Specialist Hospital, Dammam, <sup>4</sup>Department of Surgery, Urology Section, King Khalid Hospital, King Abdulaziz Medical City, Departments of <sup>7</sup>Oncology and <sup>8</sup>Pathology, King Abdulaziz Medical City and King Saud bin Abdulaziz University for Health Sciences, <sup>9</sup>Department of Oncology, Section of Medical Oncology, King Faisal Specialist Hospital and Research Center, Jeddah, Saudi Arabia

## Abstract

In this report, we update the previously published Saudi guidelines for the evaluation and medical and surgical management of renal cell carcinoma. It is categorized according to the stage of the disease using the tumor node metastasis staging system 7<sup>th</sup> edition. The recommendations are presented with supporting evidence level.

**Keywords:** Guidelines, management, renal cell carcinoma, Saudi Oncology Society, Saudi Urological Association

**Address for correspondence:** Dr. Shouki Bazarbashi, Section of Medical Oncology, Oncology Center, King Faisal Specialist Hospital and Research Center, P.O Box 3354, Riyadh - 11211, Saudi Arabia.

E-mail: bazarbashi@gmail.com

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## INTRODUCTION

Renal cancer represents the 10<sup>th</sup> most common cancer type in males (13<sup>th</sup> most common cancer type in females) in the Saudi Arabian population. There were 313 cases of renal cancer in 2013, accounting for 2.7% of all newly diagnosed cancer cases. In 2013, the male-to-female ratio for this cancer was 1.6:1, and the age-standardized rate was

2.9/100,000 for males and 1.7/100,000 for females. The median age at diagnosis was 56 years among males and 49 years among females.<sup>[1]</sup>

All cases of renal cell carcinoma (RCC) should preferably be seen or discussed in a multidisciplinary forum.

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## PRETREATMENT EVALUATION

### Evaluation of suspicious renal mass

1. History and physical examination
2. Blood count, renal, and hepatic profiles
3. Computed tomography scan of the chest, abdomen, and pelvis
4. Urine analysis
5. Urine cytology should be done if urothelial cancer is suspected
6. Indications of renal mass biopsy include as follows: suspicion of renal abscess, suspicion of metastases, suspicion of renal lymphoma, and before systemic therapy. Furthermore, biopsy is strongly advocated before nonsurgical options (i.e., active surveillance, cryo [cryoablation], and radiofrequency ablation)
7. Brain imaging and bone scan should be done only if clinically indicated.

## STAGING

The American Joint Committee on Cancer staging definitions for RCC should be adopted<sup>[2]</sup> [Tables 1 and 2].

## PATHOLOGY

The recommended pathology report adopts the College of the American Pathologists 2016 Guidelines [Appendix 1].

## TREATMENT

### Localized disease (T1a)

1. The recommended treatment is surgical excision, preferably by partial nephrectomy (PN) (open,

laparoscopic, or robotic), in all cases, especially in patients with solitary kidney, bilateral tumors, familial renal cell cancer, or renal insufficiency (EL-1) [Figure 1]<sup>[3-9]</sup>

2. Radical nephrectomy (RN) (preferably laparoscopic) should be reserved for cases where PN is not technically feasible after consultation with an experienced surgeon (EL-1)<sup>[3-16]</sup>
3. Nonsurgical options (i.e., active surveillance,

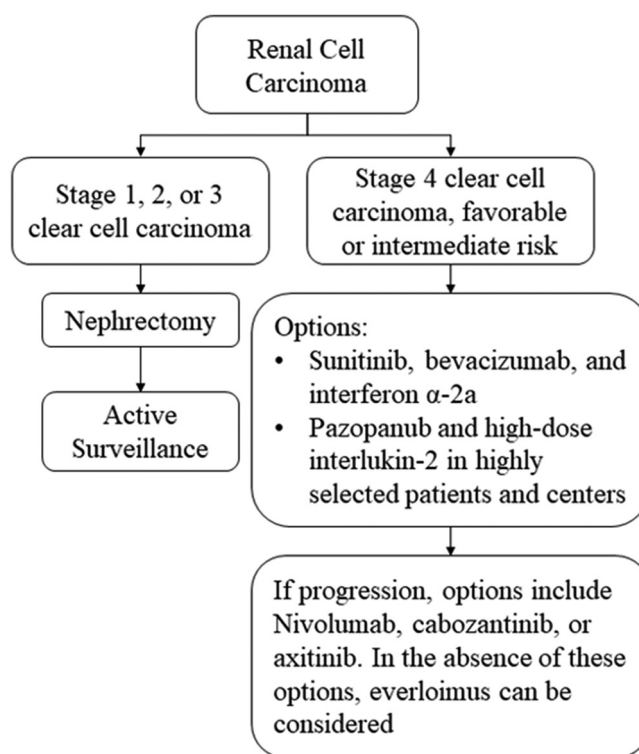


Figure 1: Renal cell carcinoma management diagram

Table 1: Tumor, node, and metastasis staging for renal cell carcinoma

Primary tumor (T)	Regional lymph nodes (N)	Distant metastasis (M)
TX: Primary tumor cannot be assessed T0: No evidence of primary tumor	NX: Regional lymph node(s) cannot be assessed N0: No regional lymph node metastasis	M0: No distant metastasis M1: Distant metastasis/cytology
T1: Tumor <7 cm, limited to the kidney T1a: Tumor <4 cm, limited to the kidney T1b: Tumor >4 cm, but <7 cm in greatest dimension	N1: Metastasis in a single regional lymph node N2: Metastasis in more than one regional lymph node	
T2: Tumor >7 cm in greatest dimension, limited to the kidney T2a: Tumor >7 cm but <10 cm in greatest dimension T2b: Tumor >10 cm, limited to the kidney		
T3: Tumor extends into major veins or directly invades adrenal gland or perinephric tissues but not into the ipsilateral adrenal gland and not beyond Gerota's fascia T3a: Tumor grossly extends into the renal vein or its segmental (muscle-containing) branches or tumor invades perirenal and/or renal sinus (peripelvic) fat but not beyond Gerota's fascia T3b: Tumor grossly extends into the vena cava below the diaphragm T3c: Tumor grossly extends into vena cava above the diaphragm or invades the wall of the vena Cava		
T4a: Tumor invades beyond Gerota's fascia (including contiguous extension into the ipsilateral adrenal gland)		

cryoablation, and radiofrequency ablation) are all inferior to surgical excision in terms of oncological outcome and are not recommended, except in patients with significant comorbidities that interdict surgical intervention (EL-2).<sup>[17-21]</sup>

**Localized disease (T1b)**

1. The recommended treatment is RN (preferably laparoscopic) (EL-1)<sup>[10-16,22-27]</sup>
2. PN may be an option, especially in patients with a solitary kidney, bilateral tumors, familial renal cell cancer, or renal insufficiency. However, this should only be performed by an experienced surgeon in a high-volume center (EL-1)<sup>[22-29]</sup>
3. Nonsurgical options (i.e., active surveillance, cryoablation, and radiofrequency ablation) are not recommended.

**Localized disease (T2)**

1. The recommended treatment is RN (EL-1)<sup>[10-16,22-27]</sup>
2. PN and nonsurgical options (i.e., active surveillance, cryoablation, and radiofrequency ablation) are not recommended.

**Localized disease (T3)**

1. The recommended treatment is RN with complete excision of all venous thrombus in the renal vein, inferior vena cava, and right atrium (EL-2)<sup>[28,29]</sup>
2. These surgeries should only be performed in a tertiary care centers with the availability of a cardiac, vascular, or hepatic surgeon, depending on the case (EL-2).<sup>[28,29]</sup>

**Excision of the ipsilateral adrenal gland**

1. Ipsilateral excision of the adrenal gland during RN is indicated in upper pole kidney tumors or the presence

of a concurrent radiologically detectable adrenal gland lesion(s) (EL-2).<sup>[30-33]</sup>

**Lymph node dissection**

1. Resection of the regional lymph nodes (within Gerota’s fascia) is an integral part of RN
2. Resection of the nonregional lymph nodes provides no therapeutic advantages but is used for staging purposes (EL-1).<sup>[34]</sup>

When doing PN, the surgeon should aim to obtain adequate surgical margin and avoid tumor inoculation, except in patients with von Hippel–Lindau syndrome.<sup>[35-37]</sup>

For postoperative follow-up after treatment, use the European Association of Urology Guidelines [Table 3].

**Metastatic advanced, unresectable disease**

1. For risk stratification of metastatic RCC, there are two valid options [Appendix 2]
  - i. The Memorial Sloan Kettering cancer center (MSKCC/Motzer) risk classification for metastatic disease<sup>[38]</sup>
  - ii. Heng Score for Metastatic RCC Prognosis.<sup>[39]</sup>
2. Potentially resectable primary tumors with solitary metastasis or multiple resectable lung metastases: these patients should undergo primary nephrectomy and resection of the metastatic lesion/s (EL-2). Following complete resection, no further therapy or “adjuvant therapy” is indicated (EL-3)
3. Potentially resectable primary and multiple nonresectable metastasis: those patients should undergo resection of the primary tumor if in good performance status (EL-1),<sup>[40,41]</sup> then start systemic therapy according to the following guidelines:
  - i. Clear cell histology with good or intermediate risk: options of therapy include systemic therapy with either sunitinib (EL-1),<sup>[42]</sup> bevacizumab and interferon  $\alpha$ -2a, or pazopanib (EL-1).<sup>[4,43-45]</sup> High-dose interleukin -2 may be used in highly selected patients and centers<sup>[46]</sup>
  - ii. Clear cell histology with poor risk: temsirolimus is the preferred treatment (EL-1).<sup>[18,47]</sup> An alternative option is sunitinib (EL-2)
  - iii. Nonclear cell histology: options of therapy include

**Table 2: Renal cell carcinoma anatomical stages and prognostic groups**

Stage grouping	T stage	N stage	M stage
Stage I	T1	N0	M0
Stage II	T2	N0	M0
Stage III	T3	N0	M0
Stage IV	T1–T3	N1	M0
	T4	Any N	M0
	Any T	N2	M0
	Any T	Any N	M1

**Table 3: Surveillance guidelines following surgery for renal cell cancer, adapted from the European Association of Urology**

Risk profile	Treatment	Surveillance						
		6 months	1 year	2 years	3 years	4 years	5 years	After 5 years
Low	RN/PN	US	CT	US	CT	US	CT	Discharge
Intermediate	RN/PN/cryo/RFA	CT	US	CT	US	CT	CT	CT, alternate 2 years
High	RN/PN/cryo/RFA	CT	CT	CT	CT	CT	CT	CT, alternate 2 years

CT: Computed tomography, cryo: Cryoablation, PN: Partial nephrectomy, RFA: Radio frequency ablation, RN: Radical nephrectomy, US: Ultrasound

temsirolimus (EL-2),<sup>[47]</sup> sunitinib (EL-2),<sup>[48]</sup> or sorafenib (EL-2).<sup>[49]</sup> Medullary and collecting duct carcinomas should be treated with platinum-based chemotherapy (EL-3)<sup>[50]</sup>

- iv. Unresectable primary tumor with or without metastatic disease: These patients with good performance status should be offered systemic therapy according to their histological results and MSKCC risk group as in Item 4.9.3
- v. Recurrent disease postprimary nephrectomy: treatment will depend if resectable or not:
  - i. If resectable solitary metastasis: surgical resection should be attempted (EL-2).<sup>[51-53]</sup> No systemic therapy is of benefit following complete resection (EL-3)
  - ii. If nonresectable recurrence: patient should be treated as metastatic disease according to their histological results, using MSKCC Risk Score and/or Heng Score as in Item 4.9.3.
4. Second-line therapy posttyrosine tyrosine kinase inhibitor (TKI) failure: patients who fail with first-line TKIs should receive second-line therapy if in reasonable performance status. Options of second-line agents include: nivolumab (EL-1),<sup>[54]</sup> cabozantinib (EL-1),<sup>[55]</sup> or axitinib (EL-1).<sup>[56]</sup> In the absence of these options, everolimus can be considered<sup>[57,58]</sup>
5. Third-line therapy: consider everolimus (Level 3), sorafenib (Level 3), or clinical trials [Figure 1].

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### Conflicts of interest

There are no conflicts of interest.

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**APPENDIX**

**Appendix 1: Sample pathology report**

**PROCEDURE**

- Partial nephrectomy
- Radical nephrectomy
- Other (specify): \_\_\_\_\_
- Not specified

**SPECIMEN LATERALITY**

- Right
- Left
- Not specified

**+ TUMOR SITE (SELECT ALL THAT APPLY)**

- +  Upper pole
- +  Middle
- +  Lower pole
- +  Other (specify): \_\_\_\_\_
- +  Not specified

**TUMOR SIZE (LARGEST TUMOR IF MULTIPLE)**

- Greatest dimension: \_\_\_ cm
- + Additional dimensions: \_\_\_ x \_\_\_ cm
- Cannot be determined (see “Comment”)

**TUMOR FOCALITY**

- Unifocal
- Multifocal

**MACROSCOPIC EXTENT OF TUMOR**

- Primary tumor cannot be assessed
- No evidence of primary tumor
- Tumor limited to kidney
- Tumor extension into perinephric tissues
- Tumor extension into renal sinus
- Tumor extension beyond Gerota’s fascia

\_\_\_ Tumor extension into major veins (renal vein or its segmental (muscle containing) branches, inferior vena cava)

\_\_\_ Tumor extension into pelvicaliceal system

+ \_\_\_ Major calyx

+ \_\_\_ Minor calyx

\_\_\_ Tumor extension into adrenal gland

\_\_\_ Direct invasion (T4)

\_\_\_ Noncontiguous (M1)

\_\_\_ Tumor extension into other organ(s)/structure(s) (specify): \_\_\_\_\_

### **Histologic Type**

\_\_\_ Clear cell renal cell carcinoma

\_\_\_ Multilocular clear cell renal cell carcinoma

\_\_\_ Papillary renal cell carcinoma

\_\_\_ Chromophobe renal cell carcinoma

\_\_\_ Carcinoma of the collecting ducts of Bellini

\_\_\_ Renal medullary carcinoma

\_\_\_ Translocation carcinoma (Xp11 or others)

\_\_\_ Carcinoma associated with neuroblastoma

\_\_\_ Mucinous tubular and spindle cell carcinoma

\_\_\_ Tubulocystic renal cell carcinoma

\_\_\_ Renal cell carcinoma, unclassified

\_\_\_ Other (specify): \_\_\_\_\_

### **SARCOMATOID FEATURES**

\_\_\_ Not identified

\_\_\_ Present

Specify percentage of sarcomatoid element: \_\_\_\_\_ %

### **+ TUMOR NECROSIS (ANY AMOUNT)**

+ \_\_\_ Not identified

+ \_\_\_ Present

### **HISTOLOGIC GRADE (FUHRMAN NUCLEAR GRADE)**

\_\_\_ Not applicable

\_\_\_ GX: Cannot be assessed

\_\_\_ G1: Nuclei round, uniform, approximately 10  $\mu$ m; nucleoli inconspicuous or absent

- G2: Nuclei slightly irregular, approximately 15 µm; nucleoli evident
- G3: Nuclei very irregular, approximately 20 µm; nucleoli large and prominent
- G4: Nuclei bizarre and multilobated, 20 µm or greater, nucleoli prominent, chromatin clumped
- Other (specify): \_\_\_\_\_

**MICROSCOPIC TUMOR EXTENSION (SELECT ALL THAT APPLY)**

- Primary tumor cannot be assessed
- No evidence of primary tumor

**\_\_\_ TUMOR LIMITED TO KIDNEY**

- Tumor extension into perinephric tissue (beyond renal capsule)
- Tumor extension into renal sinus
- Tumor extension beyond Gerota's fascia
- Tumor extension into major vein (renal vein or its segmental (muscle containing) branches, inferior vena cava)
- Tumor extension into pelvicalyceal system
- Tumor extension into adrenal gland
  - Direct invasion (T4)
  - Noncontiguous (M1)
- Tumor extension into other organ(s)/structure(s) (specify): \_\_\_\_\_

**MARGINS (SELECT ALL THAT APPLY)**

- Cannot be assessed
- Margins uninvolved by invasive carcinoma
- Margin(s) involved by invasive carcinoma
  - Renal parenchymal margin (partial nephrectomy only)
  - Renal capsular margin (partial nephrectomy only)
  - Perinephric fat margin (partial nephrectomy only)
  - Gerota's fascial margin
  - Renal vein margin
  - Ureteral margin
  - Other (specify): \_\_\_\_\_

**+ LYMPH-VASCULAR INVASION**

(excluding renal vein and its muscle containing segmental branches and inferior vena cava)

- +  Not identified
- +  Present
- +  Indeterminate



## **PATHOLOGIC STAGING (PTNM)**

TNM Descriptors (required only if applicable) (select all that apply)

m (multiple primary tumors)

r (recurrent)

y (posttreatment)

### PRIMARY TUMOR (PT)

pTX: Primary tumor cannot be assessed

pT0: No evidence of primary tumor

pT1: Tumor 7 cm or less in greatest dimension, limited to the kidney

pT1a: Tumor 4 cm or less in greatest dimension, limited to the kidney

pT1b: Tumor more than 4 cm but not more than 7 cm in greatest dimension, limited to the kidney

pT2: Tumor more than 7 cm in greatest dimension, limited to the kidney

pT2a: Tumor more than 7 cm but less than or equal to 10 cm in greatest dimension, limited to the kidney

pT2b: Tumor more than 10 cm, limited to the kidney

pT3: Tumor extends into major veins or perinephric tissues but not into the ipsilateral adrenal gland and not beyond Gerota's fascia

pT3a: Tumor grossly extends into the renal vein or its segmental (muscle containing) branches, or tumor invades perirenal and/or renal sinus fat but not beyond Gerota's fascia

pT3b: Tumor grossly extends into the vena cava below the diaphragm

pT3c: Tumor grossly extends into vena cava above diaphragm or invades the wall of the vena cava

pT4: Tumor invades beyond Gerota's fascia (including contiguous extension into the ipsilateral adrenal gland)

### REGIONAL LYMPH NODES (PN)

pNX: Regional lymph nodes cannot be assessed

pN0: No regional lymph node metastasis

pN1: Metastasis in regional lymph node(s)

No nodes submitted or found

Number of Lymph Nodes Examined

Specify: \_\_\_\_\_

Number cannot be determined (explain): \_\_\_\_\_

Number of Lymph Nodes Involved

Specify: \_\_\_\_\_

Number cannot be determined (explain): \_\_\_\_\_

### DISTANT METASTASIS (PM)

Not applicable

pM1: Distant metastasis

## Appendix 2: Metastatic renal cell carcinoma prognostic models

### MSKCC risk classification

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#### Prognostic criteria

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Time from diagnosis to treatment <1 year  
Hemoglobin < lower limit of normal  
Calcium >10 mg/dl ( more than 2.5 mmol/L)  
Lactate dehydrogenase >1.5 x upper limit of normal  
Karnofsky performance status <80%

#### Risk stratification

favorable-risk group: No prognostic factors  
Intermediate risk: 1 or 2 prognostic factors  
Poor risk :3 prognostic factors

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MSKCC: Memorial Sloan Kettering Cancer Center

### Heng risk classification

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#### Prognostic criteria

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Time from diagnosis to systemic treatment <1 year  
Hemoglobin < lower limit of normal  
Calcium >10 mg/dl ( more than 2.5 mmol/L)  
Karnofsky performance <than 80%  
Neutrophil count > upper limit of normal  
Platelets count > upper limit of normal

#### Risk stratification

favorable-risk group : no prognostic factors  
Intermediate risk : 1 or 2 prognostic factors  
Poor risk: 3 or more prognostic factors

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