

Appendix 3: Asthma

Abbreviation	Definition
SABA	short acting beta agonist
LABA	long acting beta agonist
ICS	inhaled corticosteroids
OCS	oral corticosteroids
LTRA	Leukotriene Receptor Antagonist
EIB	exercise induced bronchospasm
Anti-IgE	Anti-immune globulin E

Box 1: List of inhaled corticosteroid inhalers for adults. Drug (Doses in mcg)			
corticosteroid	Low dose	Medium dose	High dose
Beclomethasone dipropionate	200-500	>500-1000	>1000
Beclomethasone dipropionate (HFA)	100-200	>200-400	>400
Budesonide (DPI)	200-400	>400-800	>800
Ciclesonide	80-160	>160-320	>320
Fluticasone propionate	100-250	>250-500	>250-500
Mometasone furoate	110-220	>220-440	>440

Box 2: List of inhaled corticosteroid inhalers for pediatric . Drug (Doses in mcg)				
corticosteroid	Children < 5 years	Children above 5 years		
		Low dose	Medium dose	High dose
Beclomethasone dipropionate (CFC)	100	100-200	>200-400	>400
Beclomethasone dipropionate (HFA)	100	50-100	>100-200	>200
Budesonide (DPI)	200	100-200	>200-400	>400
Budesonide (NEBULES)	500	250-500	>500-1000	>1000
Ciclesonide	160	80	>80-160	>160
Fluticasone propionate (DPI)	NA	100-200	>200-400	>400
Fluticasone propionate (HFA)	100	100-200	>200-500	>500
Mometasone furoate	NA	110-220	>220-440	>440