

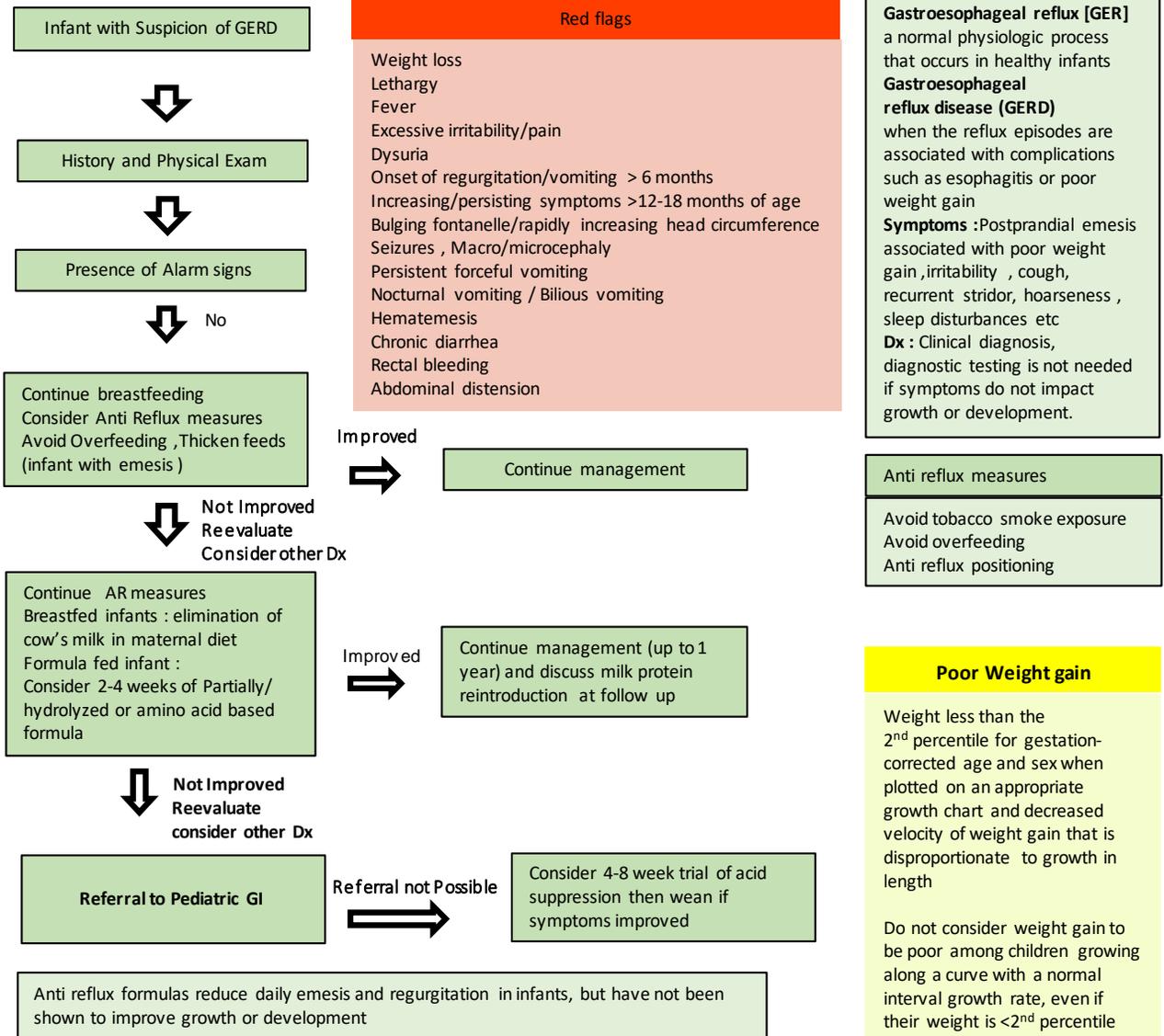
First step : ALWAYS encourage breastfeeding

If mother is unable to breastfeed or prefers formula, a standard formula (iron fortified ) Is suggested  
- No data to support one formula over another

Most term infants need a standard formulas. These formulas are modeled after breast milk and contain 20 kcal per ounce (0.67kcal /ml) . Their carbohydrate source is lactose, and they contain cow's milk protein.

Common Indications for use of Non standard formula include GERD, infantile colic, lactose intolerance and Milk protein allergy

### GERD



### Milk protein allergy

**Symptoms :** Gastrointestinal symptoms (diarrhea with or without blood) associated with extra GI manifestations ex: Eczema (most common presentation), wheezing, family hx of atopy  
**Dx :** History and physical examination , implementing diet diary

**Suggested formula :**  
Trial of Hypoallergenic formulas contain extensively hydrolyzed proteins for 4-8 weeks if improve continue to 4-6 months

Hypoallergenic formula is effective for the treatment of milk protein allergy and the prevention of atopic disease.

In breastfed babies with cow milk protein allergy, mother need to eliminate all dairy product or any food containing dairy

## Lactose intolerance

Congenital lactase deficiency : onset : birth , extremely rare



GI Referral

**Primary lactase deficiency** :primary lactase deficiency ,usually develops in childhood , lactose free diet suggested

### Secondary lactase deficiency :

**Onset** : Common , occurs after small bowel injury; transient following gastroenteritis, chemotherapy, etc.

**Dx** : History and physical examination

**Symptoms** :Flatulence, fussiness, emesis, diarrhea

Children with diarrheal illnesses who have no or only mild dehydration



Continue breastfeeding or standard (lactose-containing) formula

Persistent diarrhea (diarrhea lasting more than 14 days) (indicate mucosal injury ) or severe dehydration



In Breastfed: Continue Breast feeding  
In formula fed :Trial of Lactose-free formulas (4-6 weeks )



If no improvement after trial of lactose free formulas refer to pediatric GI

## Infantile colic

A self-limited and benign functional disorder of paroxysmal uncontrollable crying and fussiness in otherwise healthy infants <3 months old without obvious cause .

**Dx** : Wessel criteria for definition of infantile colic is based on amount and duration of crying

> 3 hours/day

> 3 days/week

> 3 weeks duration

Infantile colic

**First-line Interventions**



Changes to the feeding technique and/or experimenting with a number of techniques to soothe the infant

not responding to first line-interventions



One-week trial of an extensive hydrolysate infant formula  
Up to 3-4 months

The response to formula usually occurs within 48 hours

The original formula is resumed if there is no change in the infant's symptoms  
Hydrolysate formula may be continued if there is a decrease in crying/fussiness.

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